

*Image: Rejoice (1 of the patients we support who has cervical cancer), and her daughter Marcia who is in Grade 5 in Harare city earlier this year, after going with an ECCT team member to buy school supplies for Marcia.

ANNUAL REPORT 2014

INTRODUCTION

2014 has been a year of hard work and achievement for the ECCT and those who support it. In this Annual Report, we give you a breakdown of what has happened in order for us to support five marginalized cancer patients in Zimbabwe.

This report will look at:

- The Sponsor a Cancer Patient Campaign 2014, including patients' needs met and 2015 needs.
- Fundraising events in 2014.
- ECCT's online presence.
- Partnerships.
- Auditing.
- Lessons learnt.
- Way forward for 2015.
- Conclusion.

Overview of the Sponsor a Cancer Patient Campaign

Planning for this campaign began with Founder Miss Teurai Chanakira, Mrs. Magembe (ECCT Strategic Consultant and Mr. Mutsamwira (ECCT Project Manager) in January 2012. By May 2012, five field volunteers had been selected to assist Mr. Mutsamwira and videographer/photographer Mr. Chikosi, to go into three areas: Mufakose, Hatcliffe and Mbare in order to find five marginalized cancer patients and their families to assist.

The aim was to find patients to assist with 1 monthly Dr's consultation (USD\$60); USD\$50/month for medications and school fees for one child per family. As we began our campaign and discussed the patients' needs further with them, we also realised that they needed support with nutrition.

99% of our applications were received from Hatcliffe and after using a universal scoring system implemented by Mrs. Magembe, which assessed applicants on the basis of need – we chose four patients from Hatcliffe and one from inner city Harare.

Their names are: Virimayi (cancerous jaw mass), Takudzwa (Ewing Sarcoma), Sarah (cervical cancer), Sipelile (pictured above with her son - cervical cancer) and Rejoice (cervical cancer).

You can hear them tell their stories here:

http://www.youtube.com/watch?v=XkWOuYESUVI

THE SAD REALITY OF CANCER

When one deals with cancer, besides the trauma of the illness caused to the patient and their family/friends, there is sometimes the threat and unfortunately the occurrence of death. In this year alone – we have had 3 patients pass away. We continue with sustainable support for those they left behind in the form of continued school fees payments for the children and food hampers for the family.

We waved goodbye to the following patients:



Takudzwa, who passed away in February 2014 at the young age of 17 from complications with his cancer. Takudzwa was diagnosed with Ewing Sarcoma in 2011.

In the time that we knew Takudzwa, he taught us the value of smiling through pain, through lack of hope. He was soft spoken, loved anything to do with Information Technology (IT) and was always a delight to visit and talk to. Takudzwa, may your soul rest in peace.

Read more about this on the ECCT blog at the following link: <u>https://cancertrust.wordpress.com/2014/02/17/realities-of-cancer-ecct-team-sheds-tears/</u>



Sipelile (41 years old) who passed away in June 2014 from complications with her cervical cancer. Sipelile was diagnosed with cervical cancer in 2012. She leaves behind a husband (pictured above) and two sons – Tafadzwa (18 years old) and Tapiwa (15 years old).

We will continue to support the youngest son Tapiwa with school fees and the family with food hampers.

Sipelile was a delight to know – soft spoken, kind and hard working. Whenever we visited her, she would be doing errands around the house or tending to her garden, even when she should have been resting. Rest in peace Sipelile.

Read more about this on the ECCT blog at the following link:

https://cancertrust.wordpress.com/2014/06/08/realities-of-cancer-ecct-team-sheds-tears-2/



Virimayi (left) before his op. Right: he's recovering well after the removal of his cancerous jaw mass.

Virimayi, who at the age of 34 passed away in November 2014. Virimayi was diagnosed with a cancerous jaw mass in 2007. We assisted with the removal of the jaw mass in a major operation in 2013. He was recovering well until an unexpected incident took his life away tragically.

We continue to support his younger sister Tanyaradzwa with school fees and his family with food hampers.

In the time we knew Virimayi we watched him go from a quiet, withdrawn man due to stigmatisation from having the jaw mass – to a confident, bubbly man after it was removed. Virimayi – rest in peace. We will never forget you.

Read more about this on the ECCT blog at the following link:

https://cancertrust.wordpress.com/2014/11/26/sponsor-a-cancer-patient-campaign-2014november-patients-visit/

Fundraising events 2014

Run Melbourne, July 2014



On Sunday 27 July 2014, ECCT Founder Teurai Chanakira and another Melbourne based ECCT supporter – Florence – ran and fundraised for the cancer patients we are supporting. Just over \$500 was raised between them, with funds going to support the patients with food, medical costs and school fees for some of their children.

A big thank you to all those who sponsored the two for their run.

Please see the following link for the full details of the event and images: <u>https://cancertrust.wordpress.com/2014/07/27/we-did-it-run-melbourne-july-2014/</u>

Melbourne Marathon Festival, October 2014



On Sunday 12 October 2014, ECCT Founder Teurai and Florence took part in their second run this year to support the cancer patients and their families that the ECCT is currently supporting.

You can see full details of the run, including images on the following link:

https://cancertrust.wordpress.com/2014/10/12/we-did-it-melbourne-marathon-festival-2014/ Fitness To A Tee Flat Tummy Classes, November 2014



Two Flat Tummy Classes were held by ECCT Founder and Fitness Trainer Teurai Chanakira at Body Active Gym, at Borrowdale Racecourse in Harare on Saturdays 8 and 15 November 2014. These classes were fundraising classes to support the cancer patients and their families.

The total profit raised from the classes was approximately USD\$160, which went to buying food hampers for the patients, assisting Rejoice (1 of the patients) with medications and towards an allowance for the ECCT Project Manager Marshall Mutsamwira and ECCT Team member Clement Manika.

Fitness To A Tee Africa based exercise programs

ECCT Founder Teurai who is also a Fitness Trainer headed fundraising for ECCT's patients by providing online based exercise and nutrition programs for those in Zimbabwe and in other countries in Africa. All funds donated from the classes go to support the ECCT patients.

Approximately USD\$466 was raised from fitness based exercise programs from African based clients.



ECCT Founder Teurai was also able to visit each of the families during her visit to Harare (pictured above with the late Sipelile's husband and two sons. Thank you for all your support which helps make assisting our patients possible.

You can see full details of the Classes and visit, including images on the following link:

https://cancertrust.wordpress.com/2014/11/26/sponsor-a-cancer-patient-campaign-2014november-patients-visit/

Sponsors



This year, besides donations gratefully received from all over the world, we have a Zimbabwean-born donor based in the USA – Hazvinei Ngoshi – who sponsored two years of school fees for George, which included the fees for 2014. George is the son of Sarah, one of our patients – who attends Chakadini Secondary School in Marondera, Zimbabwe. In addition to that Hazvinei assisted with buying George a bicycle to transport him to and from school as he was walking at least 10km every day.

In 2013, she also assisted with buying an asthma pump and the appropriate asthma medication for Sarah who also suffers from asthma.

Hazvinei – we salute your kindness...thank you!!

You can see full details of her sponsorship, including images of the family receiving their items on the following link: <u>http://cancertrust.wordpress.com/2013/10/17/sponsor-a-cancerpatient-update-riding-with-joy/</u>



ECCT Founder Teurai (far right) pictured with Rejoice and her family during a November 2014 visit to Harare.

We would also like to thank a Melbourne based sponsor who, in 2014, has provided payment for an endoscopy and doctor's fees for one of our patients – Rejoice. The donor also provided food hampers along with payment of school fees for Rejoice's daughter Marcia for 2014. The donor would like to remain anonymous.

Needs Met in 2014 and 2015 Patient Needs

Virimayi (Hatcliffe, Harare):



Virimayi (left) before his op. Right: he's recovering well after the removal of his cancerous jaw mass.

Virimayi, one of our patients who passed away in November 2014 was diagnosed with a cancerous jaw mass in 2007 which had been growing ever since. In May 2013, we were able to assist him to have an operation at Karanda Mission Hospital, Zimbabwe to have it removed.

You can read his moving and inspirational story at the following link: http://cancertrust.wordpress.com/2013/06/05/road-to-karanda-virimayis-story/

We continued to assist Virimayi's family with food hampers in 2014.



Furthermore, we assisted his sister, Tanyaradzwa to return to school at Zimburi Secondary School and continued to pay for her school fees in 2014.

2015 Needs

We are in need of donations towards Tanyaradzwa's school fees (\$56 per term) and in need of monthly food hampers (\$35 per hamper).

Sarah Maramba (Hatcliffe, Harare): 39 years old



So far we have assisted Sarah's family with food hampers. We have been fortunate to have sponsorship for her son George's school fees for the past two years, which included 2014, from a donor - Hazvinei Ngoshi. Hazvinei also paid for a bike to enable George to travel to school and asthma pumps to assist Sarah in managing her asthma.

2015 Needs

George will be in need of school fees (\$38 per term), school shoes (\$40) and Sarah needs financial assistance with her medical consultation fees (\$80 every two months). We are also in need of monthly food hampers for the family at \$35 per hamper.

Sipelile Kachepa (Hatcliffe, Harare): 41 years old

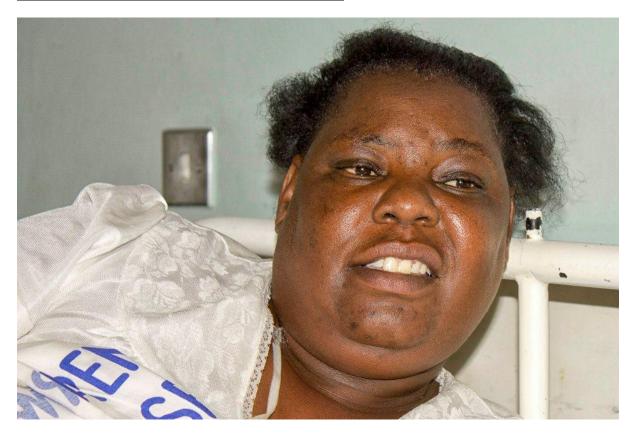


Sadly Sipelile passed away in June 2014. So far we have assisted Sipelile's family with food hampers along with payment for the school fees for her son Tapiwa in 2014.

2015 Needs

We are in need of donations towards Tapiwa's school fees (\$70 per term) and monthly food hampers (\$35 per hamper).

Rejoice Chiguvare, (Hatcliffe, Harare): 68 years old



So far we have assisted Rejoice with medical needs in the form of payment for doctors' consultations, an endoscopy and medications. We have also paid for her daughter Marcia's school fees and provided food hampers for the family.

2015 Needs

Rejoice continues to be in need of money to support her medical needs, in particular – pain medications. We are also in need of school fees donations for Rejoice's daughter, Marcia (\$138 for the year) and monthly food hampers (\$35 per hamper).

ECCT's online presence

We are satisfied that we will keep growing organically online.

<u>Website</u>

We now have a brand new look website from 2013. Please view it at:

www.elizabethchanakiracancertrust.com.

<u>Blog</u>

We now have 51 followers on our blog, up from 34 followers in 2013. This number has increased steadily since we began the blog in 2012, but has plateaued for several months.

<u>Facebook</u>

We now have 574 followers, up from 532 followers in 2013. We are happy with the engagement we have had on Facebook as with some posts including the album containing event pictures from the Hope Beyond Cancer Fundraising Evening – we had over 1,000 views from people all over the world.

<u>Twitter</u>

We now have 101 followers up from 91 followers from 2013.

Partnerships



ECCT believes that support & collaboration is essential as 'two hands are better than one'.

ECCT is happy to now be part of the National Aged Network of Zimbabwe along with other member organisations eg CCDS (Centre for Community Development Solutions), Zimbabwe Farmers Union, Agritex, Island Hospice, Ministry of Health & more. Our objective is betterment of health of the human being in Zimbabwe with emphasis on helping the aged + preventative measures for the population of Zimbabwe as we grow older. This was last week during a meeting in Harare with ECCT Founder Teurai Chanakira (far left), ECCT team member Clement Manika (second left), Mark Chikanza (middle) and Lovemore Mpaza both from CCDS.

Auditing

In 2013, we raised approximately USD\$1700 which came from fundraising events and/or sponsors plus those on Fitness To A Tee fitness programs in Zimbabwe and South Africa.

We had our audit earlier in 2013. It was carried out by Mr. Trevor Samusodza of Franlink Consultants and it is available for inspection upon request by any member of the public.

Please email <u>teurai@elizabethchanakira.org</u> to request a copy of the audit.

The final figure for 2014 fundraising will be released in our 2015 auditing report in early 2015.

Lessons learnt



As a grassroots organisation which was founded in 2011, we have achieved a tremendous amount. However, we also had a lot to learn in our third year of active operation for the benefits of the patients who we support. Here are some of our key lessons and how we intend to address them in 2015:

• High administration costs: we still encounter high administration costs, including costs for auditing. However we have started working towards countering this through information received about a free accounting program which we can use called Turbo Cash Four.

- Fundraising events: this year we had 3 major fundraising events, with only 1 (Run Melbourne July 2014) and the Africa based online exercise programs generating a sizeable amount of at least USD\$400 each.
- In 2015, we aim to find a better way to attract more people to run in the charity races as there were only 2 runners per event this year. We would also like to find other fundraising channels and are currently in planning process for 2015.

• Team members and delegation: we are still a growing team, with the members who are currently most active on the ground in Harare being Marshall Mutsamwira and Clement Manika. In 2015, we will have more even delegation of tasks as Clement will be taking more of a leading role, with Marshall's supervision. Marshall and Clement receive allowances for their work on the ground and we salute them!

Way forward for 2015

Sponsor a Cancer Patient Campaign

Our aim will be to assist all the patients with their 2015 needs stated above, in addition to continuing our planning, preparations and fundraising to help them set up sustainable projects so that they can support themselves in future.

Online presence

We recognise that social media is extremely important in spreading our message and we intend to not only increase our blog followers by at least 50, but also to increase our Facebook followers by at least 50 by the end of December 2015.

We also aim to have more videos of the patients so that people can see the way their help is impacting the lives of the five patients we support.

Partnerships

We intend to cement our relationship with the Network which we joined (stated above under 'Partnerships') and also to form other strategic partnerships such as partnerships with food companies who can assist our patients and their families to have monthly food hampers.

CONCLUSION: A BIG THANK YOU!



The family of one of the patients we support - Sarah = outside their home in Hatcliffe, Harare. 2014 has been a busy, but fruitful year! We could not have achieved what we have without the skill of our team members. Furthermore, we would like to thank our sponsors and donors from all over the world!

We wish you a prosperous 2015. Remember to keep updated on all our projects and events from the following:

ECCT blog

ECCT Facebook page

ECCT Twitter

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